

# PROPEL HER

DEFENCE WOMEN'S LEADERSHIP SERIES



SERIES CO-FOUNDED BY  
LYNDSAY FREEMAN & SHAMSA LEA

- The Value of Mentoring
- Building a Strong Personal Brand
- The Power of Networking
- Intrapreneurship .
- Coaching & Goal Setting

- Your Authentic Leadership Style
- The Work/Life Management Guide
- Combating Imposter Syndrome
- ..and more

